

Bachelor of History – Large Plan

Central Washington University • Department of History • 4-year Academic Plan • 2025-26 Catalog

History is a non-sequential major and thus both lower and upper-division courses may be taken in a different order than they are shown in the sample plan below. However, HIST 302 is a prerequisite for HIST 481 and students may not take them simultaneously.

Only two of the eight Knowledge Areas in General Education are allowed to be from the History Department and double count. Students must take non-history courses for six of the eight Knowledge Areas in General Education.

- This is a sample plan.
- Not all courses will be offered in the quarter listed.
- Majors must take 20 units (four courses) from HIST 101, 102, 103, 143, and 144. Please note all five are listed on the sample plan.
- Majors (large plan) must take one upper-division U.S. History course and an additional eight upper-division courses. Students must take one course in at least three of the following areas: African History, Asian History, European History, Latin American History, World/Transcontinental History. Students are not required to take a course in each of the five areas as shown on the sample plan.
- See attached sheet for list of upper-division History courses by field.
- Upper-division History courses are offered on a multi-year rotation. If majors see a course they want offered, they should not wait.

	FALL	WINTER	SPRING	SUMMER
YEAR 1	ENG 101 (5) UNIV 101 (1) CWU 184 (4) HIST 143 (5) 15 units	HIST 144 (5) K2 Option (5) K3 Option (5) 15 units	Quantitative Reasoning (5) K4 Option (5) K5 HIST 102 or 301 (5) 15 units	
YEAR 2	HIST 101 (5) K6 Option (5) K7 Option (5) 15 units	HIST 103 (5) K8 Option (5) Elective (5) 15 units	K1 HIST 302 (5) Upper-division U.S. (see list of courses by field) (5) Elective (5) 15 units	
YEAR 3	Upper-division History (see list of courses by field) (5) Upper-division Europe (see list of courses by field) (5) Elective (5) 15 units	Upper-division Latin America (see list of courses by field) (5) Upper-division Asia (see list of courses by field) (5) Elective (5) 15 units	Upper-division Africa (see list of courses by field) (5) Upper-division World/Transcontinental (see list of courses by field) (5) Elective (5) 15 units	
YEAR 4	HIST 481 (GE Culminating Experience) (5) Elective (5) Elective (5) 15 units	Upper-division History (see list of courses by field) (5) Elective (5) Elective (5) 15 units	Upper-division History (see list of courses by field) (5) Elective (5) Elective (5) 15 units	
				180 units